

VSL027BP

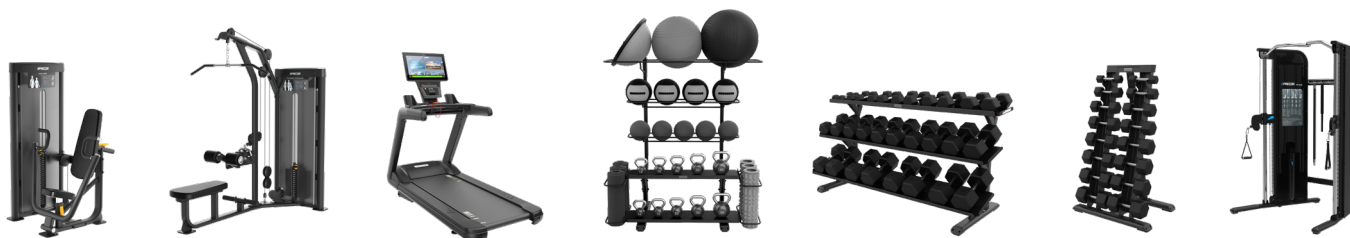
Vitality™ Series Selectorized

# Leg Curl / Leg Extension



The Vitality™ Series Selectorized Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Selectorized strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality™ Series Leg Extension / Leg Curl is a dual-function machine designed with convenient, easy-to-adjust ankle pad and shin pad from the seated position. The below-the-knee shin pad design facilitates proper leg curl form. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.



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## Vitality™ Series Selectorized

# Leg Curl / Leg Extension

### Easy Entrance and Exit

The location of all the adjustments on the Leg Curl / Leg Extension allow the exerciser a clear the path for an easy entry and exit.

### Find the Fit While Seated

The start position and roller pads can be easily adjusted from the seated position, making it easier for the exerciser to get in and fit the machine to their needs.

### Low Starting Lift Weight

The counter-balanced movement arm provides exercisers with a low starting lift weight.

### Helpful Guidance

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.

## Specifications

**Dimensions (L x W x H):** 55 x 45 x 60 in / 140 x 113 x 152 cm

**Equipment Weight:** 574 lb / 261 kg

**Weight Stack:** 240 lb / 109 kg

**Add-on Weight:** 5 lb / 2.5 kg

**Frame and Finish:** Heavy-duty steel tubing is fully welded in all structural areas. Powder coated frame.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

## Color Options\*

Frame



Black Pearl

Upholstery



Black

\*Colors may vary.

