VSL025BP

Vitality™ Series Selectorized

Biceps Curl / Triceps Extension III



The Vitality™ Series Selectorized Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Selectorized strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality™ Series Biceps Curl / Tricesp Extension features a combination biceps / triceps grip to accommodate two exercises in one space saving machine. Single seat adjustment ratchets for proper exercise positioning and optimal comfort. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

















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Even Resistance with No Dead Spots

The movement arm design ensures that exercisers experience smooth resistance through the entire range of motion, eliminating common dead spots found in similar machines.

Get Exercising Faster

The start position is easily adjusted while the exerciser is sitting in the unit, allowing them to get moving faster.

Low Starting Lift Weight

The counter-balanced movement arm provides exercisers with a low starting lift weight.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 52 x 42 x 60 in / 132 x 108 x 152 cm

Equipment Weight: 440 lb / 200 kg

Weight Stack: 170 lb / 77 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame

Upholstery

*Colors may vary.



