

Octane Rō™

Redefining rowing. In its relentless quest to fuel exercise, Octane Fitness delivers a sleek, inviting rower that boasts innovative features and thoughtful extras that reinvent and recharge indoor rowing.

OCTANE ADVANTAGES

- Quick-release foot strap
- Dual resistance – fan and magnetic brake
- MultiGrip handlebar
- Enhanced console featuring a calorie meter
- Comfort seat
- Oversized handlebar catch
- Small footprint



QUICK-RELEASE FOOT STRAP

This patented design enables exercisers to quickly insert their feet and pull up on the handle for a secure fit. A simple push of a button releases the strap for an easy exit.



DUAL RESISTANCE

Combined fan and magnetic brake resistance provides a broader range of intensity levels to accommodate everything from easy rows to grueling HIIT sessions.



MULTIGRIP HANDLEBAR

Multiple hand positions facilitate greater comfort, variety and more activation of chest, back and arm muscles.



ENHANCED CONSOLE

This 7" backlit LCD monitor features a dynamic calorie meter, plus real-time performance metrics, to motivate exercisers to work hard.

Octane Ro Specifications • Standard ◦ Optional

KEY MECHANICAL FEATURES

| | |
|---------------------------|------------------------|
| High-velocity fan | • |
| Dual resistance | Fan and magnetic brake |
| Quick-release foot straps | • |
| MultiGrip handle | • |
| Handlebar docking station | • |
| Handlebar strap | Belt |
| Transport wheels | • |
| Mobile device placement | • |
| Compact design | Tilt up |
| Storage | • |

ELECTRONIC FEATURES

| | |
|---|----------------------|
| Display type | 7" backlit LCD |
| Calorie burn meter | • |
| Resistance levels | 10 |
| Wireless heart rate ready | Bluetooth® and ANT+* |
| Bluetooth® compatible for heart rate only | • |
| Power requirement | Generator powered |
| Power supply | ◦ |

CONSOLE OPTIONS

| | |
|----------|---|
| Standard | • |
|----------|---|

WORKOUTS

| | |
|--------------------|---|
| Number of programs | 6 |
|--------------------|---|

PRESET PROGRAMS

| | |
|-----------------|---|
| Quick Start | • |
| Max 14 Interval | • |
| Interval | • |
| Calorie Goal | • |
| Distance goal | • |
| Max CIRCUIT | • |

PRODUCT SPECIFICATIONS

| | |
|-----------------------|--|
| Max user weight | 350 lbs (160 kg) |
| Footprint (L x W x H) | 94" x 24" x 47" (239 cm x 61 cm x 119 cm) |
| Product weight | 129 lbs (58 kg) |
| Seat height | 17" (43 cm) |
| Rail length | 53" (135 cm) |
| Storage height | 93" (236 cm) |
| Shipping dimensions | 53" x 34" x 19" (135 cm x 86 cm x 48 cm) |
| Shipping weight | 150 Lbs (68 kg) |

WARRANTY*

| | |
|-------|---------|
| Frame | 3 years |
| Parts | 3 years |
| Labor | 1 year |

*Warranty outside the US and Canada may vary. Residential warranty may differ.



Standard Console



Octane

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