

# TRUE Stretch® GOLF

**TRUE Stretch® Golf** is the *preferred choice* among golf professionals. Featuring a solid, scientific design the TRUE Stretch® Golf helps golfers increase flexibility while minimizing injury through simple and safe stretching exercise routines. TRUE Stretch® Golf is featured in 40% of the Top 100 golf courses in the United States.

## FEATURES

- Solid Steel Construction
- Space-Efficient Design
- Easy-to-Follow Placard with 12 different routines

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

87" x 48" x 57" / 221 cm x 122cm x 145 cm

### FRAME

Structural Tubular Steel Frame

### BASE SURFACE

Polyethylene Platform with Non-Skid Rubber Padding

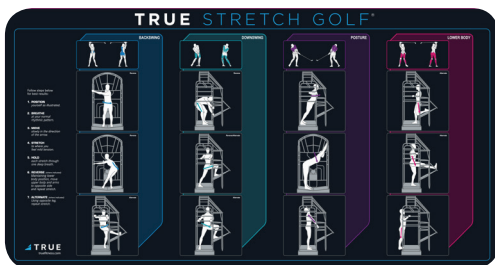
### PRODUCT WEIGHT

180 lbs / 82 kg

### COLOR

Charcoal/Black

## GOLF PLACARD



-STANDARD Placard also available



## Proper Stretching Improves Your Swing

A simple round of golf requires continual, complex body movements in three planes of motion: front to back, side-to-side and rotationally. Research indicates that stretching for 3-5 minutes prior to teeing off can increase club speed by as much as 5 mph.

## Stay In The Fairway

Stretching is a simple way to improve your swing and decrease the chance of injury. Nearly 70% of all golfers experience golf related injuries that cause them to miss playing time. TRUE Stretch® reduces that risk by stretching key muscle groups and minimizes the likelihood of a strain in the lower back, shoulders, elbows, or wrists.

## Self-Guided Stretch Routine From a Top Golf Expert

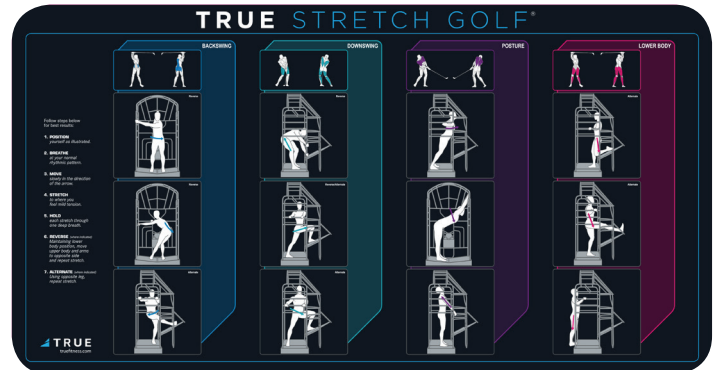
Your TRUE Stretch® includes an easy-to-follow stretching routine. These effective and simple exercises are displayed on a placard mounted directly on the TRUE Stretch® unit. Like many top athletes and trainers who follow similar routines, your golfers will quickly realize the importance of flexibility and stretching to their overall game.

## Low Maintenance

The intelligent and sturdy design of the TRUE Stretch® includes a tubular steel frame and non-skid base that is weighted to stay in place.



## GOLF PLACARD



FRAME	<b>Frame</b>	Structural Tubular Steel Frame
	<b>Finish</b>	Powder Coat Paint
	<b>Base Surface</b>	Polyethylene Platform with Non-Skid Rubber Padding
PHYSICAL SPECIFICATIONS	<b>Footprint</b>	87"H x 48"W x 57"D / 221 cm x 122cm x 145 cm
	<b>Weight</b>	180 lbs / 82 kg
	<b>Shipping Weight</b>	246 lbs / 112 kg
	<b>Maximum User Weight</b>	500 lbs / 227 kg
	<b>Warranty Classification</b>	Parts 1 Year, Labor 1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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