

s11.9 INDOOR CYCLE **CARBON DRIVE™ SYSTEM**

MODEL # **FMEX91412**



CARDIO INDOOR CYCLE

The s11.9 Carbon Drive™ System Indoor Cycle is a data-driven bike with virtually no maintenance. Well-considered design and solid core construction create the foundation for an aerobic and strength training workout that maximizes calorie burn. The bike's magnetic resistance creates a HIIT workout that drives up heart rate and builds muscle mass. An EKG chest strap wirelessly sends workout stats to the machine to let you know exactly where you are - and where you need to be. A compact footprint and sporty design create a class ambiance that exudes energy and excitement, ready for the ride.

FREEMOTION



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PRODUCT FEATURES

- ① **COMFORTABLE, ADJUSTABLE SADDLE**
Ergonomically-designed saddle offers both pressure relief and support for the ultimate in user comfort.
- ② **CARBON DRIVE™ SYSTEM**
A first ever in indoor cycling, the Gates® Carbon Drive™ System features the smooth, quiet benefits of a belt drive and the high-inertia, non-slip benefits of a chain drive. Plus, it's virtually maintenance free.
- ③ **DUAL-SIDED PEDALS WITH SPD**
Compatible with the majority of cycling-appropriate shoes, these dual-sided pedals accommodate both high-performance SPD cleats and traditional fitness shoes.
- ④ **LIGHTWEIGHT, ALUMINUM FRAME**
Resistant to rust, this aluminum frame is not only maintenance friendly, it's lightweight and easy to move between classes.
- ⑤ **2 IN FORE/AFT HANDLEBAR AND SEAT ADJUSTMENT**
Designed for safety and comfort, the fore/aft adjustments allow the user 2 in (5 cm) ranges. Over 90% of users will fit safely with both fore/aft adjustments in the neutral position.
- ⑥ **QUICK-STOP BRAKE**
Conveniently incorporated, the quick-stop brake is within easy reach.
- ⑦ **MAGNETIC RESISTANCE**
This sophisticated system delivers consistent resistance for every bike. Plus, with no brake pads to maintain, the magnetic resistance system is virtually maintenance free.
- ⑧ **HIGH-INERTIA, CAST-IRON FLYWHEEL**
With the weight on the outer edge, the S Series flywheel contributes to a high inertia system, which delivers a smoother riding experience.

SPECIFICATIONS

Drive System	Carbon Drive™ System
Resistance System	Magnetic Eddy Current
Pedal	Dual-Sided with SPD
Assembly Hardware	Stainless Steel
Frame / Handle Bars	Aluminum / Non-Slipping
System Inertia	High Inertia
Flywheel	Cast Iron with Aluminum Outer Ring
Flywheel Weight	32 lbs. (14.5 kg)
Pop-Pin	Stainless Steel
Fore/Aft Adjustment	Handlebars and Seat
User Weight Capacity	350 lbs. (159 kg)
Other	Transport Wheels, 2 Integrated Bottle Holders
Product Dimensions (L x W x H)	50 x 20 x 48 in (127 x 51 x 122 cm)
Product Weight	88.2 lbs. (40 kg)
Shipping Dimensions (L x W x H)	44.8 x 10.3 x 36.8 in (113.9 x 26.2 x 93.4 cm)
Shipping Weight	105.6 lbs (47.8 kg)
Regulatory Approval	EN957, CE

WARRANTY | US AND INTERNATIONAL

15-Year Frame | 5-Year Belt | 3-Year Parts (mechanical & electronic) | 1-Year Labor, & Console
6-Month Wear Items

OPTIONAL

Console and Power-Sensing Crank Arm (FMPW17)

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