

# **s11.6** *INDOOR CYCLE* **CHAIN DRIVE™ SYSTEM**

MODEL # **FMEX91212**

## *CARDIO INDOOR CYCLE*

The s11.6 Indoor Cycle Chain Drive™ System was created with the highest biomechanics and engineering to create a “real road” experience to motivate the rider to press forward – and faster. Friction Resistance, along with powder coated, forged cranks, activate muscle mass and a calorie burn that continues even when the ride is over. It’s more than how you feel while you’re on the Freemotion s11.6, but how you feel when you get off.



## S11.6 INDOOR CYCLE CHAIN DRIVE™ SYSTEM

### PRODUCT FEATURES

- ① **COMFORTABLE, ADJUSTABLE SADDLE**  
Ergonomically-designed saddle offers both pressure relief and support for the ultimate in user comfort.
- ② **CHAIN DRIVE**  
This Chain Drive System delivers the same realistic and smooth outdoor-ride feel you'd experience cycling outside.
- ③ **STANDARD TOE CLIP WITH STRAP**  
Ergonomically-designed to keep shoes firmly in place, this pedal features a standard toe clip with adjustable strap.
- ④ **STEEL FRAME**  
Resistant to rust, this aluminum frame is maintenance-friendly, lightweight and easy to move in-between classes.
- ⑤ **2 IN FORE/AFT HANDLEBAR AND SEAT ADJUSTMENT**  
Designed for safety and comfort, the fore/aft adjustments allow the user 2 in (5.08 cm) ranges. Over 90% of users will fit safely with both fore/aft adjustments in the neutral position.
- ⑥ **QUICK-STOP BRAKE**  
Conveniently incorporated, the quick-stop brake is within easy reach.
- ⑦ **FRICTION RESISTANCE**  
Featuring a single felt composite brake pad, this friction-resistance system needs less maintenance than other systems with two pads. For a smoother, more consistent performance, the brake pad is positioned at the perimeter of the flywheel.
- ⑧ **HIGH-INERTIA, CAST-IRON FLYWHEEL**  
With the weight on the outer edge, the S Series flywheel contributes to a high inertia system, which delivers a smoother riding experience.

### SPECIFICATIONS

Drive System	Chain Drive System
Resistance System	Friction Resistance
Pedal	Standard Toe Clip
Assembly Hardware	Stainless Steel
Frame / Handle Bars	Steel / Non-Slipping
System Inertia	High Inertia
Flywheel	Cast Iron Flywheel
Flywheel Weight	28 lbs. (12.7 kg)
Pop-Pin	Stainless Steel
Fore/Aft Adjustment	Handlebars and Seat
User Weight Capacity	350 lbs. (159 kg)
Other	Transport Wheels, 2 Integrated Bottle Holders
Product Dimensions (L x W x H)	50 x 20 x 48 in (127 x 51 x 122 cm)
Product Weight	100.1 lbs (45.4 kg)
Shipping Dimensions (L x W x H)	44.8 x 11.6 x 29.4 in (114 x 29.4 x 93.4 cm)
Shipping Weight	121.7 lbs (55.2 kg)
Regulatory Approval	TUV, EN957, CE

#### WARRANTY | US AND INTERNATIONAL

15-Year Frame | 5-Year Belt | 3-Year Parts (mechanical & electronic) | 1-Year Labor & Console  
6-Month Wear Items

#### OPTIONAL

Power console and Power-Sensing Crank Arm (FMPW17)