

# intenza

550 SERIES RECUMBENT BIKE \_\_\_\_\_INTENZAfitness.COM



## Recumbent Bike Features

Power Saving System	■ Meets European Directive 2013 EuP standards.
USB Connectivity	■ For customized workout, workout results, personal settings, InCare™ and manual software upgrade.
Display Readouts	■ HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout summary, Workout profile.
On—The—Fly	■ Allow switching to other workout programs during exercise.
Custom Settings	■ When USB is detected, users may customize (1) Display unit (2) Age (3) Gender (4) Weight (5) Buzzer. Smart machine will automatically prioritize personalized setting and workout routine when login with USB.
Heart Rate Monitoring	■ Polar coded wireless telemetry technology—heart rate receiver built in (Heart rate transmitter strap required). Digital contact heart rate sensors positioned for both upright training position and racing position.
OptiTrain™	■ Bike mode allows users to workout at a fixed resistance level regardless of pedal speed. Power mode allows users to workout at a fixed workload measured in watts. Download workout results easily to USB for work rate analysis and performance training purposes.
InCare™ Online	● Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi.
Wi—Fi Capability	● Supports InCare™ Online, software update, browsing Internet.
C—SAFE Connectivity	● Standard C—SAFE connectivity facilitates data transfer.
Intenzacast	● Support smartphone mirroring (iOS/Android).
Connectors	● Support HDMI devices, Ethernet cable network, 3.5mm stereo Headphone Jack, Bluetooth stereo headset.
Virtual Scenery	● 10 scenes.
Screen Saver	● Upload 10 image files for messages or commercial advertisements to be displayed during stand—by.
Display Type	● Industrial grade 16" TFT capacitance touch screen display for longer life time.
Built—in TV System	● Analog/Digital support ATSC, DVB—T/T2/C/S, ISDB (For details support on Digital TV, contact your Intenza Sales Representative).
Language	● 20 countries are offered.
xID (Netpulse)	● xID login.
Display Type	○ Large LED Dot matrix and 18 characters LED message center easily provide all the information you need.
Uni—Dial Control™	○ Complete access and control of user interface features and settings with the convenience of a Uni—Dial.
Smart Energy System™	○ Cordless. Activate and operate console without pedaling.
MYE Audio Kit Options	○ Optional accessories support MYE audio receiver.
InZone™	○ InZone™ heart rate training provides visual colour feedback to help users to optimise their workout efforts for maximum result based on heart rate level so users can workout effectively at their target heart rate zones.

## Performance Features

3—Phase Generator	■ Self powered hybrid generator delivers consistent performance for a smooth and quiet workout.
Belt Drive	■ Belt drive system for smoother, quieter performance. Minimize maintenance. Service made quick and easy.
Bottom Bracket	■ High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance.
Resistance Levels	■ 40 resistance levels meets new European EN957—5 standards.
Minimum Watts	■ 16 Watts (Level 1 at 20RPM)
Maximum Watts	■ 640 Watts (Level 40 at 150RPM)
Maximum User Weight	181kg (400 lbs)
User Height Range	147—193cm (4'9" to 6'5")

## Workout Options

Race	■ Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races.
Fitness Test	■ Fitness test determines individual's fitness level based on VO2 max standards. Test method include Astrand—Rhythmic.
HR Control	■ 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength.
Custom Program	● 3 different type of profiles (Level, Watts, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use.
Preset Program	○ 7 custom user programs can easily be saved to USB for future use.
Target Program	● 10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced.
Quick Start	○ 6 Preset programs: Hill, Interval, Weight Loss, Cross Train, Step by Step, Strength.
	● 3 Target programs: Time (1—99mins), Distance (0.5—99.9km), Calories (10—9999Kcals).
	○ 3 Target programs: Time (10—99 mins), Distance (1—99 km), Calories (10—2500 Kcals).
	■ Quick Start is a manual workout. Workout profile and results can be saved to USB.

## ComfortFit™ Features

Frame	■ Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on and off the bike.
Multi—function Handlebar	■ Ergonomically designed handlebar with integrated elbow support for maximum comfort in racing position. Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout.
Seat Back and Saddle	■ Ergonomic seat back designed with ventilation, lumbar support and saddle delivers maximum comfort and support for the most rigorous workout.
Seat Adjustment	■ 1/2" incremental seat positions accommodate users from 147—193cm (4'9" to 6'5").
Pedals	■ Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort.
Accessories Holder	■ Conveniently placed accessories holder for portable music players and mobile phones.
Water Bottle Holder	■ Dual water bottle holder supports 1 liter water bottles.

## Product Dimensions

Foot Print	■ L x W: 160 x 71cm (63 x 28")	
Product Dimensions	■ L x W x H: 160 x 70 x 124cm (63 x 28 x 49")	■ All 550RB Models
Product Net Weight	● 109kg (240 lbs)	● 550RBe2 Only
Shipping Dimensions	■ L x W x H: 169 x 38 x 101cm (67 x 15 x 40")	○ 550Rbi Only
Shipping Gross Weight	● 119kg (262 lbs)	○ 112kg (247 lbs)