

FLUIDPOWERUBE

UPPER BODY ERGOMETER

FLUID
POWER
ZONE

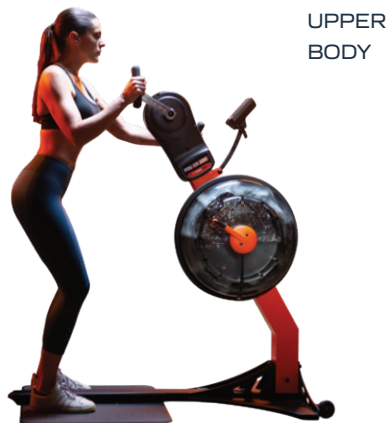


FluidPowerUBE is an industrial quality, standing upper body ergometer, designed to withstand high intensity powerful workouts or provide silky smooth resistance suitable for warm ups, cool downs and rehabilitation.

The UBE resistance is set via our 10x Fluid Resistance patented Twin Tank system and the RPM is driven by you. The UBE is capable of handling the ballistic speeds of a HIIT workout and yet will remain smooth and consistent at very low RPM. This wide variation in load and speed capabilities allows you to train in any zone; Cardio, Power, Strength or Speed.

The ground based UBE exercise involves long kinetic chains engaging many muscles from the ground up. Your core is activated to support your entire shoulder girdle when engaged in the "arm grinder" motion. The UBE provides load in either direction. Changing direction alters the emphasis on the muscles engaged, adding even more variety to your training.

The UBE is a perfect inclusion for any type of fitness facility. It can add variety to all types of group training, is a perfect warm up tool with a focus on the core and upper body and only takes up a little over 1sqm [11sqft].



COLOUR OPTIONS: ORANGE GREY CUSTOM

FLUIDPOWERUBE

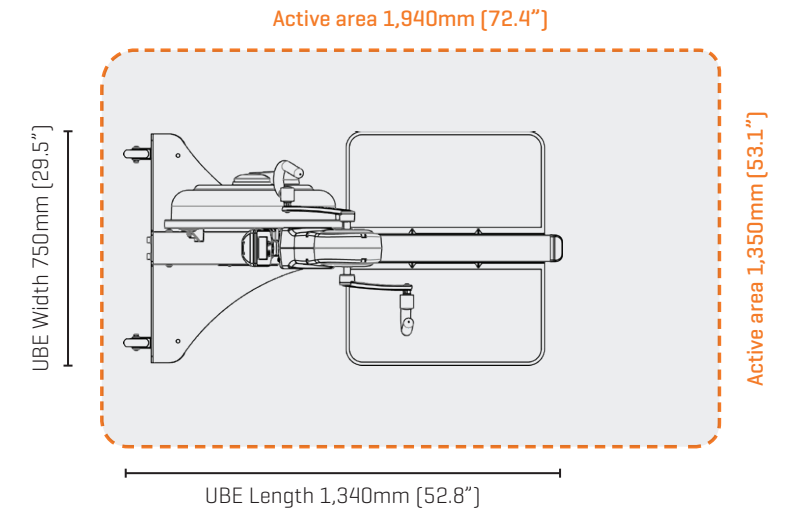
PRODUCT SPECIFICATIONS

PRODUCT MODEL NO:	PZ-UBE
FLUID RESISTANCE:	Vertical FDF Twin Tank - 10 levels
PRODUCT NET WEIGHT:	71.1kg [156.8lb]
PRODUCT GROSS WEIGHT:	84.8kg [186.8lb]
DIMENSIONS:	L 1,340mm [52.8"] x W 750mm [29.5"] x H 1,348mm [53"]
MIN ACTIVE AREA REQUIRED:	L 1,940mm [72.4"] x W 1,350mm [53.1"]
MAX USER WEIGHT:	180kg [396.8lb]
ARM CRANK LENGTH:	185mm [7.3"]



CONSOLE FEATURES

- + Bluetooth connectivity
- + Auto start
- + Power graphs – 2 options
- + Interval training ready
- + Heart rate – Polar compatible



ABOUT FLUIDPOWERZONE MACHINES

FluidPowerZone is a range of fluid resistance fitness machines, designed for training in any Zone - Cardio, Power, Strength or Speed. FluidPowerZone machines can be used individually, or by combining multiple machines to make up a fitness circuit. The patented Twin Tank technology delivers 10 different levels of fluid resistance for concentric only movements that will accommodate all levels and abilities, from general fitness enthusiasts to elite athletes and provides a perfect platform for rehabilitation/medical applications.

INTERNATIONAL WARRANTY – FULL COMMERCIAL USE

METAL FRAME – 10 year limited warranty
MECHANICAL COMPONENTS [of a non-wearing nature] – 2 year limited warranty
POLYCARBONATE TANK & SEALS – 5 year limited warranty
ALL OTHER COMPONENTS – 2 year limited warranty

innovativeFIT.com | 877.720.4004 | 770.218.9390



**FLUID
POWER
ZONE**

View other FluidPowerZone machines
in the range at **FLUIDPOWERZONE.COM**



PRESS



CLIMB



ROW



CUBE



ERG