



CARDIO INDOOR CYCLE CONSOLE

The Console and Power–Sensing Crank Arm are add-on enhancements that use next generation ANT+ communication to measure, convert and display the energy the rider is creating during their workout into real time stats. When given even more information – such as weight and workout goals – the Freemotion Console will create personalized speed calculations to get riders on the right track. A USB port means riders can save workout stats to easily track their progress. Conveniently wireless, the console leverages Polar® technology for reliable and consistent communication to enhance the workout experience.



FREE/MOTION



CONSOLE & POWER-SENSING CRANK ARM

PRODUCT FEATURES

- (1) CREATE A PROGRESSIVE WORKOUT
 - Track interval average stage readings with this convenient console that's intuitive and easy to read.
- 7 TRAINING INTERVAL CONTROL

This console displays the current stage or interval of the workout which is helpful when training for a race or simply trying to push yourself.

(3) CUSTOMIZE THE RIDE

With additional information, such as weight, this smart console generates personalized calorie and speed calculation.

(A) BACKLIT DISPLAY

This 2 in \times 4 in (5 \times 10.1 cm) LCD screen is clear and easy to read. Users will be able to quickly view their workout details.

(5) LISP DODT

Save and transport workout information for convenient tracking and goal setting.

(6) INSTANT READING

Quickly view accurate and immediate workout details including; Watts, RPM, Speed, Heart Rate, Kcal, Time, Distance Readouts (current and average).

(7) CRANK ARM

The strain gauge power sensor on the crank arm delivers accurate and consistent readings within a two percent accuracy rate. Members can keep track of exactly where they are, and where they need to go, with all their ride information front and center to keep them focused and motivated.

Display Screen	2×4 in (5 \times 10.1 cm) LCD Displ
Power Supply	3 C-Batteries for Console 2 AA-Batteries for Crank Arm
Battery Life	3 Months, Under Normal Usago
Temperature Range	Operating Range is 5C° to 40°
Compatibility	Polar® and Ant+ Compatible Heart Rate Receiver
Buttons	Backlight +/-, Start/Interval, Stop/Results, Max/+
Display Content	Watts, RPM, Speed, Heart Rate Kcal, Time, Distance Readouts (current and average)
Console Casing	Console is ASTM Compliant for Salt Spray
Transmission Signal	ANT+ Communication is displayed on Console
Accuracy	+/- 3%