## 3 WEIGHT STACK/4 STATION GYM

Offering premium styling and optimum function, the MP Series represents the best value-priced two, three, and four stack multi-purpose units on the market today. With commercial quality construction and proper biomechanics, MP is the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes.

## LEG EXTENSION/LEG CURL

- Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs
- 5-position back pad and leg curl thigh pad accommodate a wide range of users
- Self-adjusting ankle pad eliminates need for adjustment while providing proper support throughout entire range of motion


## UPPER BODY

- Exercise choices include chest, incline, and shoulder presses; lat pulldown and seated row; triceps pushdown and extension; and abdominal crunch
- 8-position press arm and adjustable back pad are color coded for quick and accurate adjustment
- 5-position seat to accommodate wide range of users
- Mid-level pulley includes contoured multi-purpose strap for abdominal and triceps exercises


## LOW SWIVEL PULLEY

- Ideal for wide range of exercises including biceps curl, upright rows, inner thigh, and outer thigh.


## ADJUSTABLE CABLE COLUMN

- Dual pulleys pivot freely allowing user defined movements
- Unilateral cable design accommodates both fitness and athletic style movements with up to $12^{\prime \prime} / 31 \mathrm{~cm}$ of cable travel with one arm and $6^{\prime} / 183 \mathrm{~cm}$ of cable travel with both arms


SPECIFICATIONS
DIMENSIONS L X W X H
$96 " \times 163^{\prime \prime} \times 83.75 " / 244 \mathrm{~cm} \times 415 \mathrm{~cm} \times 213$

## PRODUCT WEIGHT

1104 lbs / 500 kgs : includes $3 \times 170 \mathrm{lbs} / 77 \mathrm{kgs}$ weight stacks 1184 lbs / 537 kgs: includes $2 \times 170$ lbs / 77 kgs weight stacks and $1 \times 250 \mathrm{lbs} / 114 \mathrm{kgs}$ weight stack
1264 lbs / 573 kgs: includes $1 \times 170$ lbs / 77 kgs weight stack and $2 \times 250 \mathrm{lbs} / 114 \mathrm{kgs}$ weight stacks
$1344 \mathrm{lbs} / 610 \mathrm{kgs}$ : includes $3 \times 250 \mathrm{lbs} / 114$ kgs weight stacks

## COLOR

Powder coat finish in Silver VINYL SEAT COLOR: Textured Grey
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