

echelon™ STRIDE-7s

HEAVY-DUTY COMMERCIAL TREADMILL

COMMERCIAL DURABILITY WITH LIVE AND ON-DEMAND STUDIO CLASSES

- + HUGE 32" CLASS HD TOUCHSCREEN
- + LIVE + ON-DEMAND CLASSES
- + REAL-TIME PERFORMANCE STATS
- + UP TO 15.5 MPH + 16 INCLINE LEVELS
- + DURO50 CUSHIONED SUSPENSION



LIVE + ON-DEMAND
TREADMILL CLASSES



RUN WITH CERTIFIED
RUNNING INSTRUCTORS

EXPERIENCE

Discover a world of live and on-demand treadmill classes led by motivating instructors who inspire guests to reach their fitness goals.

DURABILITY

The impact-absorbing running deck and steel frame are designed for heavily trafficked gyms and fitness facilities.

PERFORMANCE

Access speed and incline settings from the HD Touchscreen or easy-access handlebar controls for smooth adjustments during every workout.

ECHELON COMMERCIAL MEMBERSHIP

TREADMILL CLASSES

Enjoy live and on-demand treadmill workouts like sprints, hills, interval training, endurance runs, and more.

OFF-EQUIPMENT WORKOUTS

Access more than 2,000 off-equipment workouts including HIIT, Kickboxing, Pilates, and more from the built-in screen.

SCENIC ROUTES

Tour the world and run through beautiful destinations along with others on the Echelon leaderboard.

EXCLUSIVE LICENSED MUSIC

Jam out to artist-themed treadmill workouts and exclusive class playlists featuring chart-topping hits both old and new.

BLUETOOTH® COMPATIBLE

Sync wireless Bluetooth® headphones and heart rate monitor with the treadmill for fully immersive training that takes workouts to the next level.

STRIDE-7S FEATURES

- + 32" CLASS HD TOUCHSCREEN
- + LIVE + ON-DEMAND TREADMILL CLASSES
- + INTEGRATED HEART RATE SENSORS
- + DURO50 SUSPENSION RUNNING DECK
- + SPEEDS UP TO 15.5 MPH
- + 16 INCLINE LEVELS
- + BUILT-IN COOLING FAN
- + LARGE SIDE STEPS FOR EASY STEP-OFF
- + (2) WATER BOTTLE HOLDERS + ACCESSORY TRAY
- + **ENHANCED SAFETY:** SAFETY STOP LANYARD + EMERGENCY STOP BUTTON + SAFETY RAIL UNDER REAR FRAME
- + HANDLEBAR INCLINE/SPEED CONTROLS

SPECIFICATIONS

MODEL #	ECH-STRIDE-T-7s-32
POWER REQUIREMENT	120V 60Hz 13A standard grounded plug (20A dedicated circuit recommended)
INCLINE	16 Levels / Max Incline 15%
MIN SPEED	0.5 mph (increments of 0.1 mph)
MAX SPEED	15.5 mph (increments of 0.1 mph)
MOTOR	Commercial-grade 3.0 HP AC motor (6.0 HP peak)
RUNNING SURFACE DIMENSION	22"W x 60"L x 6.5"H; 56W x 152L x 16.5cm H
ASSEMBLED PRODUCT DIMENSIONS	36" W x 81" L x 63" H; 91 W x 205 L x 160 cm H
UNIT WEIGHT	334 lbs; 151.5 kg
MAX USER WEIGHT	400 lbs; 181 kg
DECK SUSPENSION	Impact-Absorbing Duro50 Suspension
SAFETY STOP	Pull-Out Lanyard + Emergency Stop Button + Safety Rail Under Rear Frame
PERFORMANCE STATS	Leaderboard Ranking, Distance, Incline, Speed, Time, Calorie Burn, Pace, and Pulse for Heart Rate Monitoring
SPEAKERS	(2) 5-Watt Speakers
BLUETOOTH	Bluetooth® 5.0 Connectivity (Audio and Heart Rate)
WATER BOTTLE HOLDERS	2 Included
WARRANTY	Frame - Lifetime; Motor - 5 Years; Parts - 3 Years; Labor - 2 Years