



innovative
FITNESS



HD RACKS AND
PLATFORMS



HD RACKS AND PLATFORMS

Standard Features

▶ 3" x 3" 11-gauge steel construction. Powder coated frame tubing



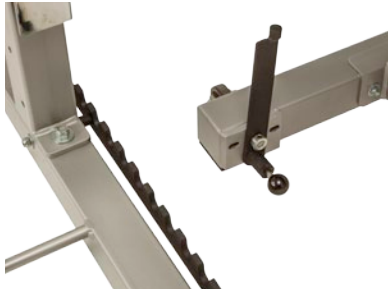
▶ 7-gauge chrome-plated adjustment system with laser cut numbering



▶ 4 upright Olympic bar holders



▶ Chrome-plated Olympic plate size horns, angled for safety



▶ Bench Docking System for use with Bench #HD07



▶ Multi-grip pull-up bar



▶ Multiple pegs on each side for band resistance exercise

Package Options



▶ Swivle Handle Chin Up Option: #HD97SW



▶ HD Bench with docking system #HD07



▶ Land mine option for fulcrum lifts: #HD97LM



▶ Dip Attachments: #HD18



▶ Modular Power Clean Platform: #HD54B #HD54C



▶ Custom Logo Available 24" x 24" #HD99





Optional Power Clean
Platform Available

HD Half Rack

HD97A
l-57" w-66" h-104"





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Optional Power Clean Platform Available

HD Double Sided Half Rack

HD97D
l-99" w-90" h-104"





Optional Power Clean Platform Available

HD Full Cage

HD96
I-80" w-66" h-104"



HD Power Clean Platform

#HD54
l-80" w104" h-3"

- ▶ Also available as a modular insert for the HD Half Racks and HD Full Cage.



HD Flat to Incline Bench

- ▶ Adjusts from flat to military positions.
0°, 30°, 45°, 80°
- ▶ Handle and wheels for easy mobility

#5HD07
l-51" w-30" h-18"



- ▶ Docking mechanism





**HD Floor Mounted
Modular Dual Rack**

#HMDHR1
l-78" w-66" h-70"

**Modular Dual Rack and
Quarter Rack Connectors**



**Wall Mounted
Quarter Rack**

#HDMQR1
l-78" w-66" h-70"

- ▶ **Note:** All Modular Racks must be solidly secured to all structural elements. Must be bolted to the floor and to a solid wall or wall support member. No hardware is included for mounting to wall or floor. It is recommended to hire a professional to ensure proper installation to wall and floor



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HD Glute Ham Developer

#HD30
l-62" w-41" h-53"



Floor Mounted Squat Stand

► Includes 2 bar catches and 2 safties
#HDSS
l-52" w-49" h-92"



Pro-Elite Strength Systems is proud to introduce our new line of HD equipment for the most demanding facilities.

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Powder coated frame tubing

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