



innovative **F I T N E S S**



Medicine Balls and Rack

This rubber medicine ball is a classic fitness tool that has been used for decades to develop strength, coordination and endurance. These medicine balls feature an easy-grip surface and are designed to retain their shape throughout years of use.

Set includes: Attractive, tier spinal rack and medicine balls in sizes 2, 4 , 6, 8, 10, and 12 pounds

Balls feature an easy-grip surface

Dimensions (Spinal Rack): 29.92 inches x 20.47 inches x 69.29 inches

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